

KALOMA CHRONICLE

MARCH 2021 EDITION

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Director of Nursing / Facility Manager

Tenneille Aguilar

“There is only one happiness in this life, to love and be loved”

(George Sand)

Hello Family and Friends of Kaloma,

Here we are already ¼ of the way through 2021, how time flies!

There seems to be a light at the end of the Covid-19 tunnel with Kaloma receiving word that staff and residents will be receiving the vaccine this month at some stage.

The Department of Health has notified front line workers that they will be the first to receive the vaccine in the first rollout of many to come. At this stage the vaccination isn't mandatory for residents so they are encouraged to make their own informed decision regarding whether or not they wish to receive it. Information regarding the vaccine can be found on the Department of Health Website for those who wish to research it.

Alternatively, if you are having trouble finding the information then please send me an email DON.FM@kaloma.org.au and I will send you a link.

For residents, some information brochures have been distributed to you all by now. If you want any more, please let reception know or send a message via the care staff.

For the next exciting topic, the staff awards have been given to the following people: “Achievement Award” goes to Jackie Vaughan. She was nominated by quite a few family members and her peers for her caring and friendly attitude. Jackie is very highly skilled in caring for residents with Dementia and regularly works in Kaloma's secure Dementia Wing Brigalow. The “Encouragement Award” goes to Luke Haggerty and was nominated by his peers for being so helpful, hardworking, and working great as part of a team. Well done to both of them, Kaloma is so happy to have such dedicated and skilled staff.

For those who visit Brolga Wing you will have noticed the freshly laid carpet to replace the other. We have had quite a few comments regarding how nice it looks and how much of a warmer atmosphere it creates.

Speaking of atmospheres, Brigalow staff have come up with a special project (mentioned in the quality report) to revamp our Dementia wing to be in line with a Montessori approach to caring for people with Dementia. Providing a tranquil, calm and inviting atmosphere can assist those with dementia in maintaining and in some cases improving their function and independence. Some of the basic principles including colours and signage with pictures to prompt activities. For example, there may be a pile of magazines in a sitting area with a sign on the wall and picture prompting the person to have a seat and read.

Before I go I would like to say a big welcome to some of our newest residents of Kaloma and their families. Thank you for giving us the opportunity to care for you. We all hope you settle in nicely and enjoy your stay at Kaloma. If you have any concerns or feedback please don't hesitate to bring it to our attention.

Until next time,

Tenneille



Who is Who at Kaloma



Clinical Staff



Safety, Maintenance
and Groundsmen



Personal Carers



Housekeeping and Catering



Community Carers



Lifestyle

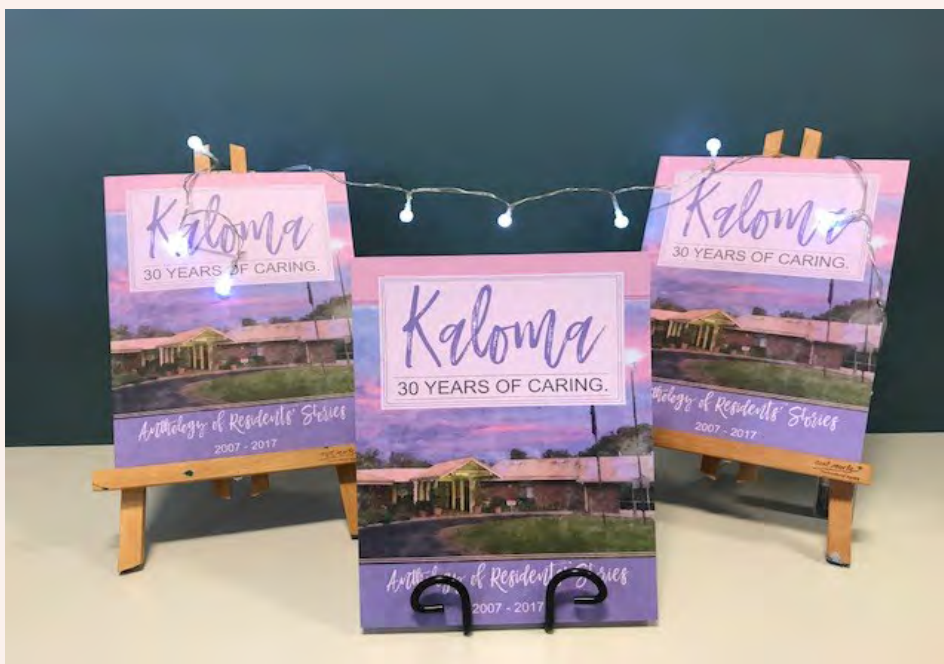
Medicare and Pension Cards

In order to maintain correct and up to date Resident information, if your family members Medicare or pension card renewals come in the mail could you please drop a copy or email a copy to admin3@kaloma.org.au.

Thank you for your assistance with this.



*Kaloma 30 Years of Caring
\$30 each
available for purchase at Reception*



Welcome

New Staff

Sasha Blomley—PCA

Tameika Stewart—PCA

Jissa Campos—PCA

Jessica Kopittke—PCA

New Residents

Ron Hannan

Gordon Cross

Kevin Lee

Lynette Taylor



V THE SOCIAL ISTA HAPPY ST. PATRICK'S DAY!



The actual color of St. Patrick is blue. Green became associated with St. Patrick's Day during the 19th century.



90% of Americans celebrate St. Patrick's Day.



St. Patrick did not actually drive snakes out of Ireland; the "snakes" represent the pagans that he converted to Christianity.



The very first St. Patrick's Day parade was not in Ireland. It was in Boston in 1737.



According to lore, Patrick used the three leaves of a shamrock to explain the Christian holy trinity.



Many bars in the United States, and abroad, serve green beer to celebrate St. Patty's Day.

SOURCES

<http://www.wsaw.com/seasonal/misc/40129602.html>http://holidays.kaboose.com/saint-patricks-day/quick_facts.html<http://www.history.com/topics/st-patricks-day-facts><http://news.nationalgeographic.com/news/2011/03/110316-saint-patricks-day-2011-march-17-facts-ireland-irish-nation/><http://infographiclist.com/2011/10/12/how-do-americans-celebrate-st-patricks-day-infographic/><http://degreeseach.org/blog/7-lucky-facts-about-st-patricks-day/>



ST. PATRICK'S DAY IS OBSERVED ON MARCH 17 BECAUSE THAT IS THE FEAST DAY OF ST. PATRICK, THE PATRON SAINT OF IRELAND. IT IS BELIEVED THAT HE DIED ON MARCH 17 IN THE YEAR 461 AD.

Community News



Hello and welcome to our March edition of the Kaloma chronicle. Hard to believe that we are now in autumn.

INFECTION CONTROL- It is very important that if you are feeling unwell that you isolate yourself and to contact the coordinator Jo Sloss on 0411031136 before staff arrive at your home to stop the spread of infections, even if it is just a sniffly nose. We ask that you remind your family members to not visit if they are feeling unwell also.

The aim of Kaloma's home care program is to assist clients to remain in their own home while enabling and encouraging them to do as much as they are safely able to do for themselves. We are here to offer any help you may need to assist you to remain at home for as long as you can. By excepting a little bit of help when you first need it, will help promote your confidence, conserving your precious energy for the tasks you can perform independently.

Changes to packages: the first of the home care changes made by the government for home care package came into effect in February 2021 The focus been on how client's budgets can be spent, any excess in your budget will still be carried over each month however from September (if passed) any unspent funds will be held by the government in an account in your name.

Your package budget will continue to only be able to be used for services we can provide to assist the clients to remain in their own homes for example: Personal hygiene, meal prep and delivery, house-keeping, laundry, mowing lawns, etc anything extra for example carpet cleaning, cleaning of windows, a piece of equipment ie: iron, car service, will need to be approved and be an assessed need, if the government deems this is not something that will benefit you they can decline for this to be purchased through your budget and you will then need to pay the service provider (Kaloma) back. Larger items like mobility scooters will need to be on a hired basis. Further changes will come into effect in September. If you have any question, please speak to coordinator Jo & DON Tennille

Budgets: Any excess in their budget is carried over each month and the budget can only be used for services we can provide to assist the client to remain in their own homes for example: Personal hygiene, meals, house keeping, laundry, shopping it can also be used to pay for carpet cleaning, cleaning of windows, mowing lawns, gardening, ironing services, physio (as long as the provider has an abn) etc a piece of equipment ie: wheelie walker, mobility scooter, pressure cushions as long as it is an assessed need. It can not be used to pay bills, medication, rents/mortgage, cashed out or used for a holiday. The same going if you exceed your budget you will be charged a fee for service, please note if you have no excess in your budget we will be unable to assist with purchasing your products through your budget.

Operating hours- Our Current operating hours vary Daily between 7.00am -3.00pm (2.00pm pm on weekends) however these can change to reflect our clients needs, if you require assistance to appointment please give at least a weeks notice so we can assist you with this as the majority of our staff members also work in Kaloma as well. Coordinator Jo Sloss who is on call for home care clients after hours for emergencies only and will return message if call is missed the next working day as we do not always have the phone on hand after hours. We thank you for your understanding at this time. If an EMERGENCY please call 000.



Lawn Mowing & Gardening:

Just a quick message from Paul Phillips (Lawn mowing provider) ... Please do not panic if I don't get to your place within the month, please do not get worried about your grass becoming long especially after the rain. I am coming, I will get to you. As you can imagine I can get very busy after the rain, the grass needs to dry out before mowing then it thickens up and takes longer to cut. Please don't think I have forgotten you or that I'm not coming everyone wants their lawn cut and I am only one man have a little patience.

I must say that Paul is very accommodating and does a fabulous, he keeps an eye out on all our clients lawns that he assists with and does go above and beyond.

Appointments: If you are requiring assistance to appointments, please notify at least 2 weeks in advance to assist with rostering of our staff as the majority of our home care staff members also work in Kaloma. This also applies to changing your respite day. Care Goondiwindi also offers a fabulous service with their Medico run 8.45am-3.45pm daily for a gold coin donation they will assist you to medical appointments 46700700

Reminder: to all Clients that you are more than welcome to attend activities at Kaloma and if you are requiring transport to please speak to your friendly home care staff member to assist with this. If you are not requiring a meal from Kaloma on any day, you need to cancel this by 10am otherwise you will have to pay for it, it can be cancelled by phoning Kaloma on 46711422. Also if you are not requiring staff for the day to avoid been charged for the time normally spent with you, please allow 3 hours' notice as per home care client hand book.

It would be greatly appreciated if you could Please return the form regarding what services you are requiring over Easter, Anzac Day and the local Show by the 12th March to assisting with rostering purposes as all our staff work across home care & Kaloma.

Take care

Until next time

Jo (Coordinator) Peta-Sue (2ic) Alisa, Laura, Bernadette, Ben and Hannah.



THANK
YOU

We were joined by the Whistling Man Richard Wade and Kathy Jensen on Piano. A wonderful morning of entertainment.





Brolga and Warrigal Lifestyle News

"Autumn leaves don't fall, they fly. They take their time and wander on this their only chance to soar." – Delia Owens

HELLO AUTUMN!

We said goodbye to the shortest month of the year and my goodness, did that just fly by.

Last month we have been very busy. We saw the return of some of our favourite performers (let's be honest, they are all our favourites). We had Margie Ryan back for a singalong in Coolabah, she is such a pleasure to have! We promise to have the right song books next time, whoopsies! Thanks Margie!

We also had 'The Whistler' return much to everyone's delight (especially Tom Turvey). It's just fabulous being able to sing along with some of our favourite tunes. Kathy Jensen accompanied on piano, what a team they make. We appreciate all of our volunteers and it's just amazing to have them back! The ladies from the red circle have been back this month. The residents enjoy the bit of pampering!

The residents enjoyed an afternoon movie at the Goondiwindi cinema last month. We decided to see 'Penguin Bloom' and it was a hit with residents and staff! It was such a beautiful movie and made us want to get a pet Magpie! It was such a lovely afternoon, enjoyed by all who came. The Goondiwindi cinema is also starting back their Golden Agers morning tea in April, this will definitely be on the calendar so keep an eye out!!

We had a card game morning, where we attempted to play different card games in small groups. In the end, I think we all ended up playing show poker but we had a red hot crack at Go Fish and Snap! A big thank you to Judy Jakins for your fantastic card shuffler. Would anyone like to come play cards with the residents?

In March, we are doing Armchair Travel to Italy and to top it off, we are having Pizza for lunch from Porkies Pizza! YUM!

Saint Patricks Day is coming up which means lots of green and also having our own Irish Bar in Coolabah! Something a little different and we will see how it goes.

To other exciting news, we have decided to give Brigalow a much needed face lift. We are going to be painting walls and the resident's doors different colours. This is a step towards making Brigalow more Montessori friendly. You may recall we had the fabulous Anne Kelly do a workshop for all Kaloma staff in 2019. We have implemented some of these techniques into life at Kaloma and are very keen to get the ball rolling again!

Obviously to make these improvements, funding is very important. We are planning on doing a silent auction for Easter hampers to raise money for this project. The residents in Brolga and Warrigal will be putting these baskets together. We would love some donations on Easter goodies, homewares, basically anything if you feel inclined to donate to this project that we can put in these Hampers. We are very appreciative of everything the people of Goondiwindi do for us here in Kaloma! It never goes un noticed!

Just a friendly reminder, that due to Covid restrictions and social distancing guidelines, unfortunately we are unable to have family members join us for activities. Visits must be residents room, thank you so much for understanding, we understand these are difficult times.

Well that's all from me this month!

Happy Autumn everyone!

-The lifestyle team



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>1</p>  <p>2.30 pm Happy hour!</p>	<p>2</p> <p>Library book returns Lets start on our Easter baskets! 11am catholic church</p>	<p>3</p> <p>Art group in Coolabah Lets do some cooking in Warrigal</p>	<p>4</p> 	<p>5</p> <p>ARM CHAIR TRAVEL TO ITALY! PIZZA FOR LUNCH</p>	<p>6</p> <p>Various activities in Coolabah lounge</p> 	<p>7</p>
<p>8</p> 	<p>9</p> <p>Pikelet morning 1045 – Reading group with Ilona and Lisa!</p>	<p>10</p> <p>Art group in Warrigal Redcircle ladies! Saint Patricks day Craft 11am – Anglican church</p>	<p>11</p> <p>Alan Fairbanks performance starting 0930 Meals on wheels at 11:15</p>	<p>12</p> <p>Exercises! Bus trip with David around Gundy!</p>	<p>13</p> <p>Various activities in Coolabah lounge</p> 	<p>14</p>
<p>15</p> 	<p>16</p> <p>Library book returns <u>Lets race some horses in Coolabah</u> 11am catholic church</p>	<p>17</p> <p><u>SAINT PATRICKS DAY</u> Irish pub in Coolabah</p>	<p>18</p> 	<p>19</p> <p>930am- Exercises Residents meetings at 1030am With Tenneille\ 2.30pm – HAPPY HOUR</p>	<p>20</p> <p>Various activities in Coolabah lounge</p> 	<p>21</p>
<p>22</p> 	<p>23</p> <p>Pikelet morning We need to finish our Easter baskets for our fundraiser</p>	<p>24</p> <p>Art group in Warrigal Redcircle ladies 11am Anglican church with Rev Kay</p>	<p>25</p> <p>Singalong with Margie Ryan in Coolabah Start 930am</p>	<p>26</p> <p>Exercises! Bus trip with David around Gundy Ball games back at Coolabah</p>	<p>27</p> <p>Various activities in Coolabah lounge</p> 	<p>28</p>
<p>29</p> 	<p>30</p> <p>Library book returns White board games 11am catholic church</p>	<p>31</p> <p>Art Group in Warrigal Sorting Lids for kids</p>	<p>March Brolga &Warrigal Activity Calendar</p>			

Kaloma's Remembrance

Garden



Remembering Jo Phillips

Last month we lost our lovely Jo Phillips on the 30/01/2021. Jo passed away peacefully surrounded by her family. Jo was born on the 20th of April 1928. Jo has 3 Sons and 2 Daughters all of whom she is close to. Jo had a fabulous sense of humour and her quick wit made for interesting conversations. Jo is dearly missed by our Kaloma family.

Rest in peace Jo

Kaloma Cooking Corner

Cannoli Dip

This month we are doing arm chair travel to Italy. On this day we will be trying some cuisine from Italy. I stumbled across this super-duper easy recipe for Cannoli dip! We will be trying this one for our Arm chair travel day for sure! Let us know what you think, if you attempt it!

Very easy recipe:

- 2 cups ricotta cheese
- 1 (8 ounce) package cream cheese
- 1 1/2 cups confectioners' sugar
- 1 teaspoon vanilla extract
- 1 cup miniature semisweet chocolate chips

Prep 10 min. Ready In 20 m

- Beat ricotta cheese and cream cheese together in a bowl until smooth; add sugar and vanilla.
- Continue to stir mixture until sugar is completely incorporated.
- Fold chocolate chips through the cheese mixture.
- Cover bowl with plastic wrap and refrigerate until chilled, at least 10 minutes.

I used sugar cones to scoop up the dip or you can buy cannoli shells and break them into pieces.



Brigalow News



Welcome to March and Autumn,

The hot weather is hopefully behind us and the warm balmy days of Autumn approach.

We will be able to spend a bit more time outside in the gardens soaking up the milder sun and replanting the gardens. The Kitchen Garden has been a success with fresh herbs for the new recipes in the Kaloma menus. So it is time to plant again.

To keep ourselves amused, we have found a recipe for Ginger Beer and have begun the brewing process. Everyone seems to have a story from childhood of exploding bottles and grandmothers and mothers brewing the soft drink for special occasions. So we have started 'the plant' and hopefully will have a few bottles for Easter, hopefully no explosions.

Saw an idea on a dementia website, where family members sent letters or cards with a photograph of a happy or funny occasion their loved one experienced. Like fishing, or attending a special function or family occasion. The photograph and letter helps to prompt fond memories and everyone loves receiving something in the post. These cards, letters and photographs can be placed in a memory book or on pinboard. It will help promote conversation between the resident and staff. One of my favourite photos of my dad is him cooking at a stove with his Akubra turned upside down to act as a chefs hat. It used to give us a giggle as he was never a cook.

Reverend Kay is back visiting us on the Last Thursday of the Month to hold an Anglican Church Service especially for us in Brigalow. All are more than welcome.

As for myself and Tilly, it is so good to be back, I have missed you all.

Warm Regards From the Lifestyle Team
Annie, Astrid, Ben, Tia Tilly and Pud.





Smile



Get to know us!



Jeffrey A Capito—Physiotherapist

Jeffrey is one of our physios who delivers a fantastic service to the residents of Kaloma. Jeffrey is always smiling and is such a great asset to Kaloma! Jeffrey has worked at Kaloma for 5 months and enjoys talking with all the residents and staff. In his spare time Jeffrey watches YouTube videos and reading medical books.

Sherree Darby—Kitchen 2IC

Sherree is our Kitchen 2IC and qualified Chef! Sherree has been with Kaloma for seven and a half years. You may not see Sherree around the facility much as she is almost always in the kitchen but when you do, be sure to say hi! Sherree enjoys creating new dishes for the residents to try. Sherree is a Goondiwindi local who likes to spend time with her family and friends in her spare time. We are lucky to have Sherree in the Kaloma family!





David Edwards—Housekeeping/Bus driver

David has been with Kaloma for 15 years! He is nearly part of the furniture! David is a fantastic bus driver who gives the best tours of Goondiwindi. The residents love him! David enjoys being able to interact with the residents daily and working with a great bunch of people. David's favourite food is tomatoes, his favourite colour is blue and favourite animal is a cat!

Simranjeet Kaur Gill—Registered Nurse

Simranjeet also known as Simmi, is a registered nurse who has worked in Kaloma for a year now! Simmi is so helpful and kind towards residents and staff and is always smiling! Simmi was born in India and says the residents are lovely and that Kaloma has a positive work environment. Simmi likes to 'Netflix and Chill' and call her mum in her spare time.



AUTUMN



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3 letters

hay
owl
pie
red

4 letters

cool
corn
maze
pear
rake

5 letters

cider
crisp
quilt
socks
spice
trees

6 letters

apples
autumn
colors
leaves
orange
school
season
yellow

7 letters

falling
harvest
pumpkin
sweater

11 letters

wheelbarrow

8 letters

chipmunk
mushroom
orchards
rustling

9 letters

chestnuts
deciduous
pinecones

Tree Valley Academy

Can you solve this riddle?

$$\text{shoe} + \text{shoe} + \text{shoe} = 30$$

-- GPUZZLES.COM

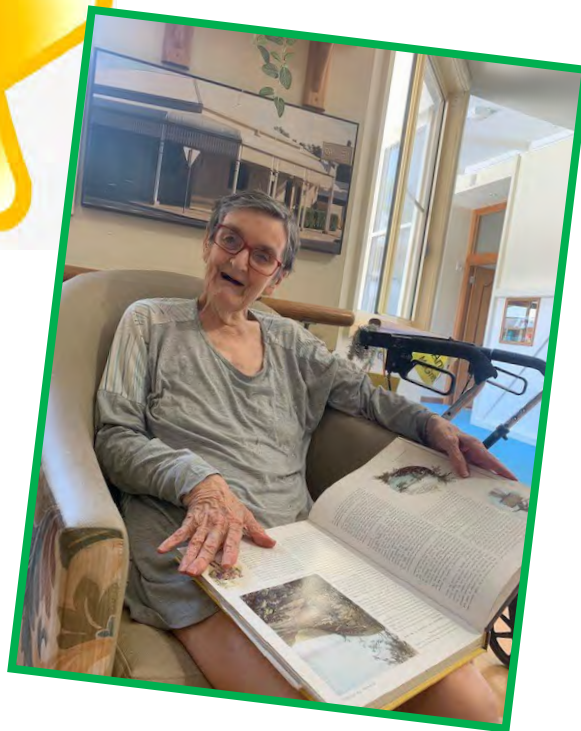
$$\text{boy} + \text{boy} + \text{shoe} = 20$$

$$\text{burger} + \text{burger} + \text{boy} = 13$$

$$\text{shoe} + \text{boy} \times \text{burger} = ??$$

6		9			4			1
8				5				
	3	5	1		9			8
		8						4
	5						3	
4				7			5	2
					1			
		1		4				
7	6		9	3				







Lesley Leach 3rd
Colarie Stride 5th
Lesley Reibelt 20th
Ken Light 23rd
Collen McGrady 24th
Pat Doherty 29th

Colin Savill 2nd
Karen Langford 5th
Violet Durkin 5th

Happy Birthday to all

Breanna Krenskę 7th
Astrid Littlewood 9th
Sherrę Darby 17th
Lindy Pavlicęvich 19th
Jessica Kopittkę 27th
Melissa Ricę 30th
Amy Smith 31st



Kaloma's March Quality Activity Report

The new Quality Standards were introduced across all aged care programs on 1st July 2019. The new Quality Standards are eight in number with a significant focus on the consumer receiving individualised person-centered services and support of their choosing. Our practices do not have to change significantly – as you would be aware, Kaloma has provided person-centered care for a very long time. The key points that staff always remember is that care is to be based around what the consumer and/or their representative chooses after they make an informed decision.

Quality is evidenced in many ways and includes feedback from complaints, consumer feedback, resident's meetings, satisfaction surveys, staff meetings, incidents and accidents and improvements that come from these; and the outcome of the annual schedule of surveys and audits. At Kaloma we are genuine in our approach to strive toward providing the best services by competent qualified staff, to residents and home care clients. We have underway an annual schedule of surveys and audits with the results benchmarked against 35 other services.

A suggestion Box is located at the Sign-In desk at the main reception. Please take the opportunity to record your comments on one of the suggestion forms and place in the box provided. Home care clients are able to ask for a Suggestion Form and one will be provided to you. Kaloma's policy is for staff to log a complaint or comment on the system which then automatically goes via e-mail to the Director of Nursing/ Facility Manager. We pledge prompt action without fear of retribution. By raising your concerns, it helps us to improve what we do in the future for others as well.

Plan for Continuous Improvement

Quality activities completed 2021

- Dedicated on site Nurse Educator 1 day per fortnight to organize face to face training, one on one and extra support for nursing and care staff.
- NPS MedicineWise Pharmacist delivery of face to face education for our Clinical Nurse and Clinical Nurse Assist regarding minimizing use of psychotropic medications in residential aged care.

Introduction of 3 monthly skills days for care staff to refresh their basic care and observation skills.

Results of Audits

An audit was conducted regarding Pain Management. The Audit looked through documentation regarding pain assessments and interventions as well as the management of pain following a fall. Overall the result achieved the recommended benchmark of 85% compliance. One area which needed improvement was the **ongoing documentation of a "Pain Chart" for 3 days following a fall regardless of whether or not the consumer reported pain or identified pain in the following 3 days.** Kaloma has now updated its pain management practice to include a 3 days' pain assessment and chart to be automatically completed following a fall regardless of type of injury (if any).

Staff Quality Logs –

A quality improvement has been made to "revamp" Brigalow wing (the secure dementia specific wing) for it to be more in line with Montessori Principles. Using the Montessori approach supports both the person and the environment which is adapted to support memory loss and independence. Dementia isn't something we can do much about, the only way we can help is by changing the environment and the result is that people living with dementia are able to make meaningful contributions, engage in meaningful activities as well as having the opportunity to maintain, and even restore function. The approach is flexible, innovative and grounded in research and the staff of Kaloma are very excited to make the environmental changes where possible.

Regards from Mary, Jo, and Tenneille

Complaints and Feedback

At Kaloma, we actively seek out comment and suggestion from stakeholders to enable us to continually improve our services.

Comments are much welcomed and accepted without retribution against any person. If you wish to make comment the procedure is as follows;

- Take a Suggestion Form from the Suggestion Box located on the desk at the front door to Kaloma's main entrance. When completed place it in the Suggestion Box at either entrance to Kaloma and it will be collected by the Director of Nursing/Facility Manager (DON/FM).
- Home care clients will be provided with a Suggestion Form by staff if a complaint is raised. When completed clients can either send it back with staff or post it to Kaloma's
- Kaloma's policy is that any complaint raised must be logged on the computer system by staff and this is then automatically sent as an e-mail to the DON/FM for prompt attention.
- Contact the DON/FM directly to discuss your concerns.

Other opportunities for comment or complaint are available through

- The monthly Residents Meeting with a copy of Minutes provided to each resident, area manager and Kaloma's Board. Agenda items include consultation about changes within the organisation as well as, resident's satisfaction with care, dignity, staffing, menu, cleaning, laundry and maintenance and grounds.
- Both home care and residential programs have an annual schedule of audits and satisfaction surveys with feedback provided via the Kaloma Newsletter.
- Your care plan is regularly reviewed with you.

Should you feel that after using these avenues of complaint that you remain dissatisfied **you may write to Kaloma's Board. The contact details are as follows,**

'Confidential', President of Kaloma Board

Locked Bag 3006, Goondiwindi. Qld. 4390.

If you remain dissatisfied, you can also contact

Aged Care Quality and Safety Commission

GPO Box 9819, Brisbane. Qld. 4001

Telephone: 1800 951 822 (free call)

E:mail info@agedcarequality.gov.au

OR

Aged and Disability Advocacy (ADA)

121 Copperfield Street, Geebung. Qld.

Telephone: 1800 818 338



Autumn Word Search

W	J	W	O	R	C	E	R	A	C	S	U	K	T	N
E	H	X	S	N	I	K	P	M	U	P	O	M	I	D
R	G	C	J	W	U	Z	J	Q	L	D	H	J	U	K
T	A	E	Y	E	L	L	O	W	K	S	P	U	O	M
I	D	K	G	C	J	L	L	A	B	T	O	O	F	J
S	K	T	I	E	H	X	T	S	I	A	K	A	P	U
D	M	I	D	N	G	C	J	W	E	Z	L	Q	L	C
R	J	U	R	T	G	E	H	Z	T	L	I	A	N	O
U	U	O	M	I	D	R	I	C	J	W	U	Z	O	L
O	C	H	J	N	K	A	S	E	L	P	P	A	S	O
G	S	P	U	O	M	I	D	R	G	C	J	W	A	R
J	Q	L	D	H	J	U	K	T	L	E	A	V	E	S
I	E	G	N	A	R	O	T	I	D	R	G	C	S	W
H	A	R	V	E	S	T	J	U	K	T	N	E	H	X
T	S	I	A	K	S	P	U	O	A	I	D	R	G	C

See how many of these autumn related words you can find in the puzzle.
The words can be forward, backward or diagonal.

1. Autumn
2. Fall
3. Leaves
4. Colors

5. Raking
6. Harvest
7. Pumpkins
8. Apples

9. Gourds
10. Football
11. Season
12. Scarecrow

13. Corn
14. Maize
15. Yellow
16. Orange

RESIDENTIAL, HOME CARE & VOLUNTEER DEVELOPMENT PLAN

A Commitment to Education and Training is Everyone's Responsibility

March 2021	Learning Outcomes	Standard	When	Who
First Aid and CPR	Staff will gain an understanding of what first aid steps to take in a medical emergency and current up to date best practice for basic life support.	3, 7, 8	Ongoing throughout the year	Staff required to attend will be rostered
Older Adult Respiratory Assessment	<p style="text-align: center;">Course Overview</p> <p>When presented with a critically ill older patient, it is crucial to conduct a systematic assessment of that person in order to identify and respond appropriately to any potentially life-threatening conditions. Older adults have atypical presentation of illness so an accurate and thorough assessment can avoid any unnecessary hospital transfers.</p>	3,7	15th March 2021	Care Supervisors and Nursing Staff
Workshops "Self Care and preventing burn out" and "Constructive communication tools"	This face to face training delivered by create and engage consulting gives the staff the tools they need to maintain their mental health and prevent burnout from a physically and mentally demanding job. Job satisfaction and caring for staff health to improve longevity and low staff turnover rates is Kaloma's priority.	2,3,7,8	Multiple Sessions	All Staff
Online Mandatory Training	Online training for various topics throughout the year.	1,2,3,4,5,7,8,	Due by the end December 2021	All Staff

KALOMA MEETING SCHEDULE

MARCH 2021	Frequency	Date	Time	Who Attends
Supervisors Meeting	4 weekly (Thursday)	24 th March	2pm	DON/FM, Clinical Nurses and Care Supervisors
Management Meeting	Monthly Monday	25 th March	1pm	All Area Managers
Quality / Work Health & Safety/ Infection Control Meeting	Monthly Monday	10 th March	1 pm	All welcome. Quality Coordinator, Area Coordinators. Safety Advisor, Staff Safety Rep, Clinical Nurse, DON/FM
Personal Carers Meeting	4 Weekly	11 th March	2pm	All Care Staff including Clinical Nurse, DON/FM,
Medication Advisory Meeting	Quarterly Thursday	18 th March	2pm	GP Dr Anna Carswell, Allen's Pharmacy, Lucy Walker Pharmacy, DON/FM, Clinical Nurses and all interested persons.
Kitchen Staff	Quarterly	5 th March	1.30pm	Catering staff.
Housekeeping Meeting	Quarterly	2 nd March	1.00pm	Cleaning and laundry staff
Home Care Staff/Care Plan/ Quality Meeting	Monthly	15 th March	1.15pm	DON/FM, Home Care Coordinator and all Home Care staff.
Residents Meeting - Warrigal/Brolga	Monthly Wednesday	19 th March	1030am	Residents, Lifestyle Officer and DON/FM
Board Meeting	Monthly	28 th January	2.30 Finance 3pm General	Kaloma Board of Directors, DON/FM, Finance Officer.
Lifestyle Meeting	Monthly	29 th March	2 pm to 3.30pm	All Lifestyle Staff



NOTICE BOARD

ALL visitors must sign in and out using
The front door at Reception.

This is for your safety and is mandatory—no exceptions

BASIC DAILY CARE FEE

We remind everyone that the Basic Daily Care Fee is set by the Department of Health and Ageing and is payable by all Resident's (respite or permanent). This fee is not claimable through Medicare.

VISITOR MEALS

If you would like to have lunch with your loved one while visiting Kaloma, please order prior to 10am with Administration Staff. The cost is \$9 payable to Admin Staff.

Unfortunately, we cannot cater for large groups.

UNCLAIMED CLOTHING / NON MARKED CLOTHING

If your loved one is missing items of clothing please speak to the Supervisor or Administration Staff.

Clothing Labels can be ordered with Administration at a cost of

50 label's—\$ 65

100 label's—\$ 130

This includes the application of labels by Laundry Staff

RESIDENTS PETTY CASH

Please ensure that this onsite account is topped up regularly . This account is used for haircuts, outings and other miscellaneous items your loved one may want.

FOOD LOG

There is a Incoming Food Register located at Reception. Please ensure you record any food brought into the facility.

CHANGE OF DETAILS

If you have changed your address, or contact details, please advise our admin staff to ensure all records are kept up to date.

HAIRDRESSER PRICE LIST

Cut—\$25

Shampoo and Set—\$25

Colour—\$50

Perm—\$ 50

This is deducted from Residents Petty Cash

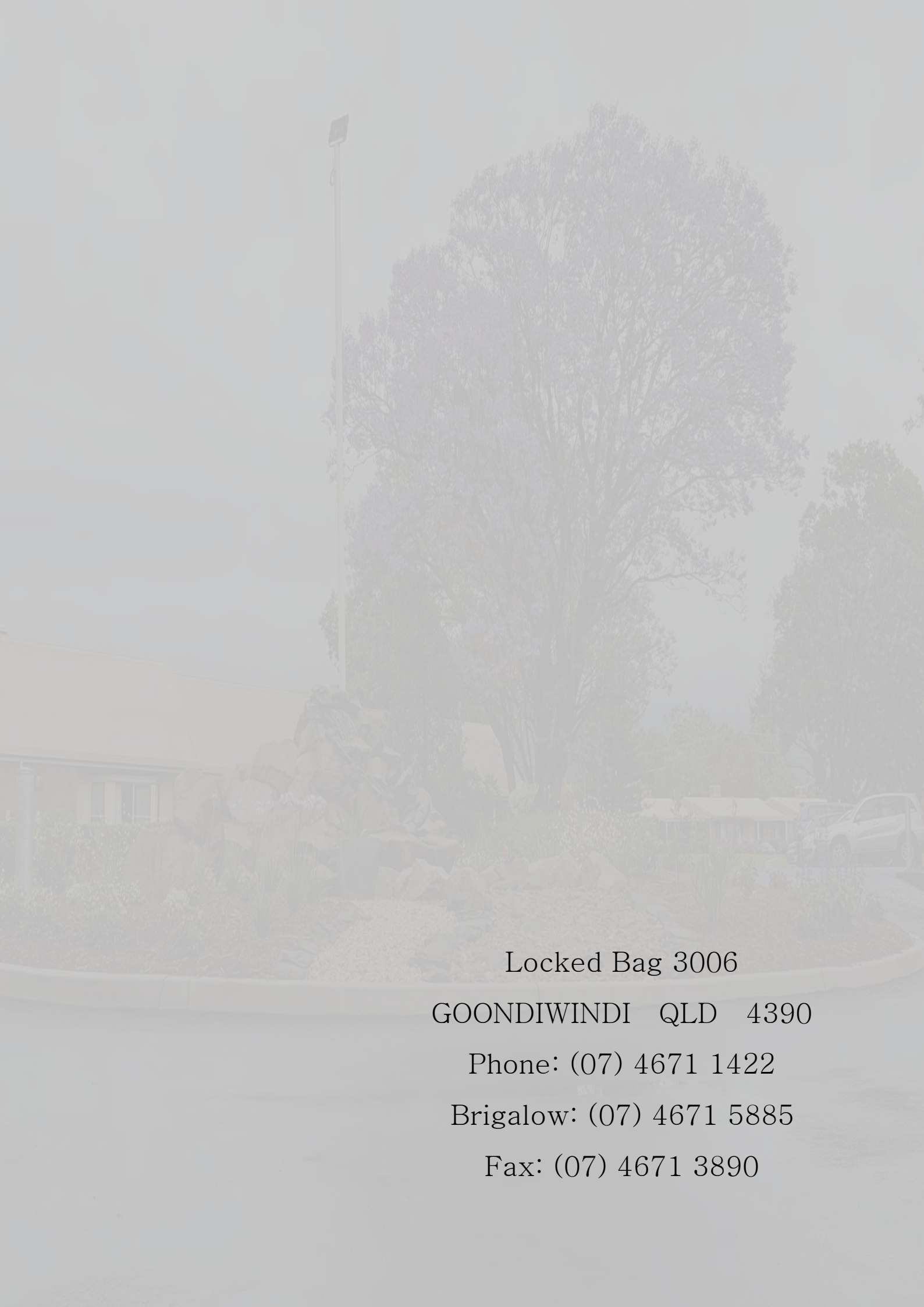
EMAIL CORRESPONDANCE

If you have an email address and would like to receive information by email, please email us at Don.fm@kaloma.org.au or admin3@kaloma.org.au to be added to the mailing list. This is for information only and not for account statements.

AUTUMN IS BACK!!

FIND THE WORDS AND THE MYSTERY MESSAGE





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Brigalow: (07) 4671 5885

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